

Songahm Scholastic

Education is not just about textbooks and classrooms; it is about shaping futures, developing skills, and providing opportunities for students to grow. Songahm Scholastic is an innovative initiative designed to revolutionize the education system by integrating Songahm Taekwondo into public and private secondary schools across the United States.

Powered by the ATA, this groundbreaking program serves as a precursor to the Songahm Taekwondo Instructor (STI) program at Lee College. By incorporating Songahm Taekwondo as a career pathway and extracurricular sport, this initiative provides students with a unique avenue for personal growth and professional development.



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One of the most compelling aspects of Songahm Scholastic is its Career Technology and Education (CTE) program.

This component, developed by Don May, Principal of North Zulch Independent School District and ATA Master Instructor, along with Sr. Master Instructor Dometrius Hill, Vice Chancellor of Student Affairs and Enrollment Management at Southern University at Shreveport Louisiana (SUSLA), offers students the opportunity to pursue a structured path toward becoming Songahm Taekwondo instructors.

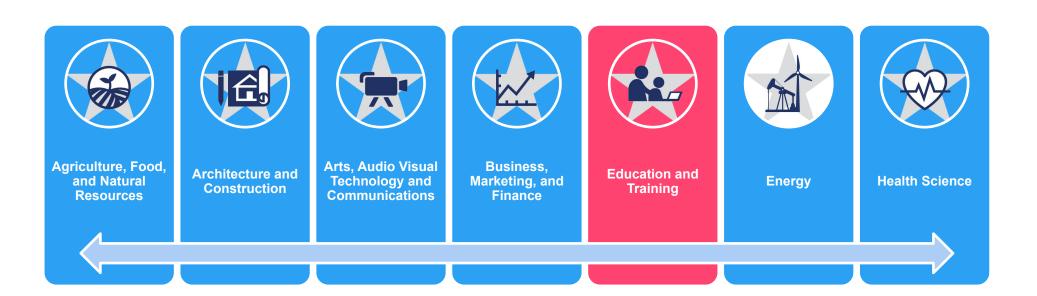


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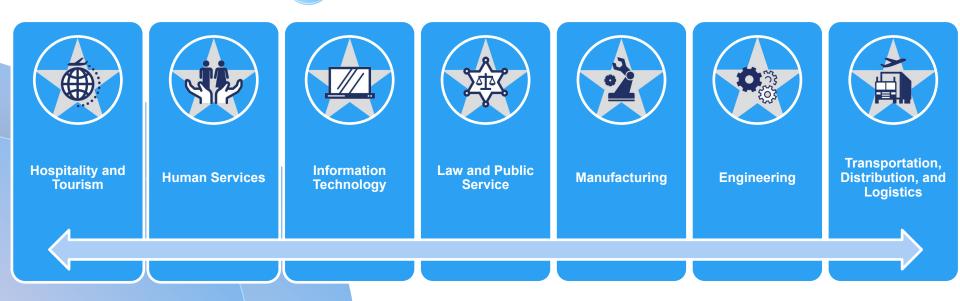
Unlike traditional college programs that require condensed study within a few years, this CTE program allows students to immerse themselves in Taekwondo instruction throughout their secondary education, better preparing them for a career in martial arts instruction.

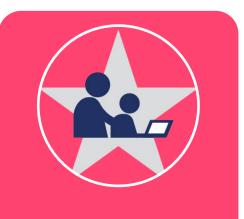
This initiative ensures that students graduate with a competitive edge, already possessing the experience and credentials necessary to excel in their field.





TEXAS CTE CAREER CLUSTERS





Education and Training Career Cluster

3 Programs of Study

Education and Training



Early Learning

02

Teaching and Training 03

Health and

Physical

Education



Health and Physical Education Program of Study

For a student in Texas to be considered to have completed a program of study, they are required to have 3 or more courses earning 4 or more credits OR 4 or more courses earning 3 or more credits.

Level 1 Course

Principles of Education and Training (1 credit)

Level 2 Course

Principles of Human Services (1 credit)

Level 3 Course

- Classroom/Facility Management and Planning (1 credit)
- This course offers Level I Certificate Apprentice

Level 4 Course

- Age/Ability Appropriate Instruction (1 credit)
- Practicum (1 credit)
- Eligible to test for Level II Certificate Journeyman

Level I Industry Based Certificate (Apprentice)

Planning and Conducting a Testing

Setup for Local and Regional Testing;

Conduct Local/Regional Testing

Submit results for testing via ataonline.com;

Conduct financial review of testing.

Planning and conducting a tournament

Appropriate facility selection and setup;

Procure legal and proprietary administrative documents;

Develop a plan to conduct a Regional level tournament.

Plan and "Sell" training programs

Field communications via multiple modes (phone/email/social media);

Conduct prospective "new student" interviews.

Identify appropriate programs for clients

students via ataonline.com

Enroll and Process new

Conduct program cost analysis.

Begin Songahm Training

White/Orange/Yellow Belt

Camo/Green/Purple Belt

Blue/Brown/Red Belt (Optional)

Learn how to train a group

Create a charge scale for personal training.; and

Create a personal training outline/program

Identify proper/approved techniques for conducting training sessions

Identify legalities associated with personal training.

Proper use of training equipment.

Learn how to train individuals

Understand different methods of grouping curriculum (block vs individual);

Group instruction for individual curricula;

Demonstrate proper group instruction technique.

Facility Management

Demonstrate proper maintenance and cleaning of facility.

Maintain physical structure necessary for classes;

Maintain training equipment; and

Demonstrate the ability to place and receive gear/equipment orders.

Level II Industry Based Certificate (Journeyman)

Create an age appropriate lesson for PK, adolescent, and adult students. Differentiate between child, adolescent, and adult instruction techniques Demonstrate the ability to instruct a class for younger children Demonstrate the ability to instruct a class for teens/adolescent; Demonstrate the ability to instruct a class for adults. Demonstrate the ability to work with pre-k to kindergarten age children

The student will understand how to modify curriculum for special needs students

Demonstrate the ability to modify curriculum for special categories (aging adults, ADA related); Bully training

Plan and Conduct a bully prevention seminar

Understand the effects of bullying

Develop Strategies to combat bullying

Understand kinematics of all Songahm forms

White/Orange/Yellow Belt

Camo/Green/Purple Belt

> Blue/Brown/Red Belt

Character Development

Understand the components of character development

Integrate character development into a program

Level III Independent Owner Operator

Students would participate in the ATA's school owner class to be eligible to own/operate a location.

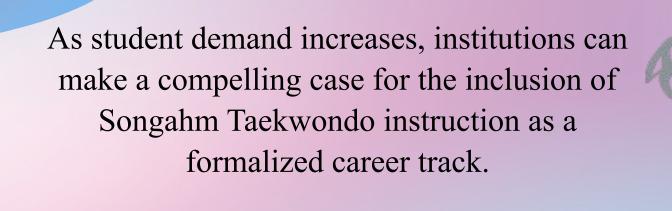
Level IV – Songahm Master Instructor

Students of Songahm who qualify for the Title of Master Instructor

Songahm Scholastic does not stop at the secondary level; it also paves the way for collegiate expansion.

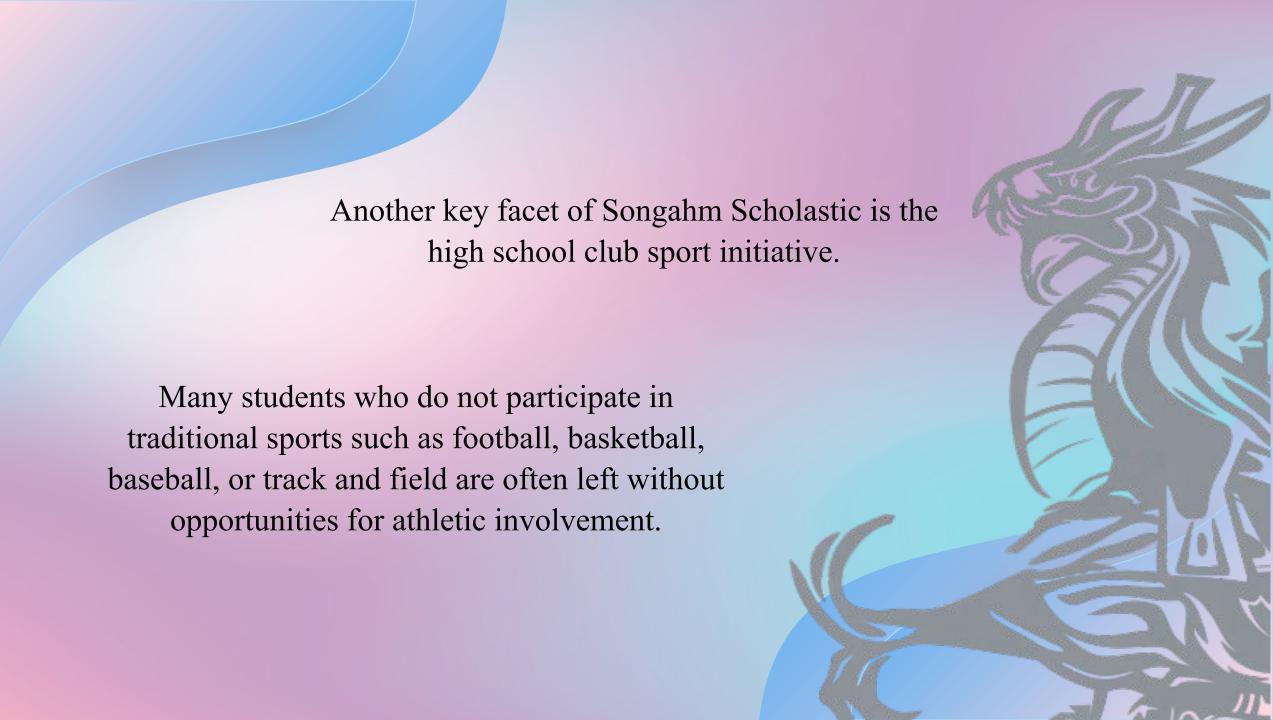
By introducing Songahm Taekwondo as a club sport at colleges, students gain a structured pathway toward the STI degree program.

Colleges can adopt this program with minimal financial investment, enabling them to gauge student interest before petitioning state legislatures to integrate the STI degree program into their academic offerings.



This strategy ensures a sustainable expansion of Taekwondo education at the collegiate level, offering students continued growth and career advancement opportunities.





Songahm Taekwondo offers an inclusive alternative that welcomes students of all backgrounds and skill levels, providing them with a structured, engaging, and beneficial extracurricular activity.

Created by Dometrius Hill and Don May, this program allows schools to introduce Songahm Taekwondo with minimal financial risk while giving students a chance to develop discipline, leadership, and confidence.



The Songahm Scholastic season would be designed to start after wrestling season ends and continue through the end of May with the Songahm Scholastic Championships taking place in Little Rock, AR.

The implementation of Songahm Taekwondo as a high school club sport comes with a well-structured competition format designed to engage students and promote skill development. The competition framework consists of two primary formats:

Dual Meets Between Public Schools

- These meets, lasting approximately 2.5 hours, allow schools to compete head-to-head, fostering school spirit and individual growth.
- Events include non-contact competitions focused on skill demonstration, such as Forms (F), Weapons (W), Creative Forms (CF), Creative Weapons (CW), Xtreme Forms (XF), and Xtreme Weapons (XW).
- Students are grouped into heats of three, with top performers advancing to the finals, ensuring a fair and exciting competition structure.

Multi-School Tournaments

- Larger tournaments include students from multiple schools, expanding the competitive experience.
- Each school can enter up to six students per event, with multiple heats leading to semifinals and a final round.
- This format mimics traditional track and field competitions, allowing students to showcase their skills in a structured and fair environment.

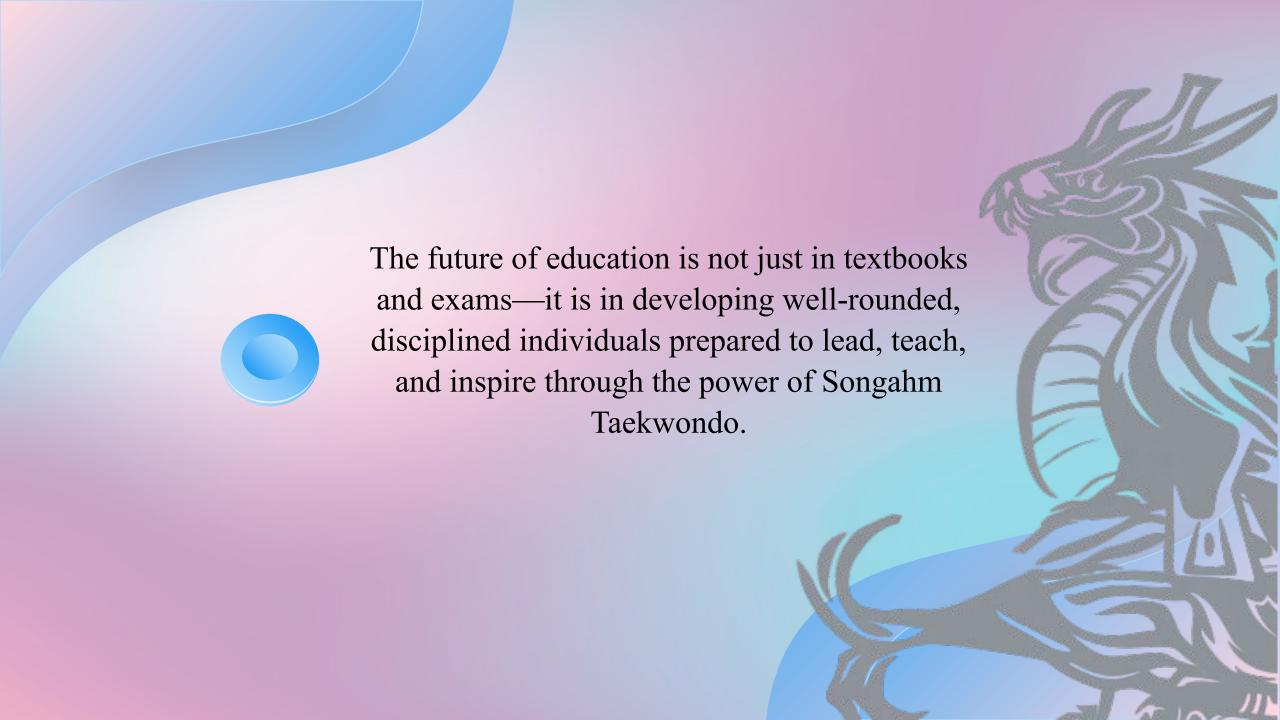


Songahm Scholastic is more than just a program; it is a transformative movement that empowers students by providing them with career pathways, athletic opportunities, and personal development through the discipline of Songahm Taekwondo.

By integrating martial arts into the educational system, this initiative nurtures discipline, leadership, and perseverance—traits that extend beyond the mat and into all aspects of life.

With a strong foundation in CTE, a thriving high school club sports program, and a clear path to collegiate-level instruction, Songahm Scholastic is poised to reshape the landscape of education and athletics.

Schools, educators, and policymakers must recognize the value of this initiative and champion its expansion to ensure that students across the country can benefit from the life-changing opportunities it presents.





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